



Welcome

Traditional online marketing strategies and tactics don't always recognize the unique thoughts, emotions, and actions health and wellness consumers experience when looking for solutions. The most successful health businesses start with a clear understanding of their customer's journey and script the perfect experience. This workshop is designed to help you create a well-defined roadmap to identify what your prospects feel, think, and do before they consider buying from you, and the appropriate marketing assets to build trust and earn clients.

Workshop Objectives

After completing this workshop you should be able to:

- 1. Identify your prospects emotions, thoughts and actions
- 2. Quickly develop trust with your prospects
- 3. Learn how to effectively communicate with prospects in each stage with credibility
- 4. Create messaging that positions you favorably for your ideal client
- 5. Identify ways to remove barriers to purchase and eliminate abandoned carts
- 6. Create systems to justify clients' purchases and reduce refunds
- 7. Increase client referrals.

Student Roadmap

- 1. Participate in all sessions throughout the workshop
- 2. Download worksheets and checklists as instructed
- 3. Contribute during break out sessions
- 4. CompleteYour Brand worksheet
- 5. Complete Avatar worksheet
- 6. Complete Customer Journey Worksheets
- 7. Fill in the Customer Journey Examples worksheet
- 8. Complete Pain/Gain/Fear/Want/Need Worksheet
- 9. Answer the Insights and Action Steps in this document



Your Business Recap

About You

Your Expert Title

Nutrition and Fitness Expert

Your Niche

Food and carb intolerance related to weight loss resistance

Your Ideal Client

Who They Are

40 year old woman, feels like her body is betraying her, what used to "work" for weight loss is making her feel worse, tired, bitchy, achey, searching for answers

Problem You Solve

Someone unable to lose weight despite "eating healthy"..... I help you uncover your hidden food intolerances so you can finally lose the weight and feel better fast

Your Product

How You Solve It

Book, online program plus products that eliminate swap 7 bad foods with healing foods, 8 rechallenge them

Transformation / Results

Lose 7 pounds in 7 days & continue to lose and keep it off, breakfree of WLR and weight regain















Your Expert Title

Your Niche

Your Ideal Client

Who They Are

Problem You Solve

Your Product

How You Solve It

Transformation / Results

















Pre-Aware

I don't know what the problem / opportunity is



Problem Aware

I know what the problem is, but unclear how to solve it



Solution Aware

I know different ways to solve the problem



Brand Aware

I know who provides the solution I want



Buying

I've decided and am ready to purchase



Post Purchase

I've made my purchase, now what?



Advocacy

I'm going to share my experience (good or bad)

Content Marketing

E-Book / Kindle / iBook Book

Blog Post

Syndicated Article

Case Study / White Paper

Webinar / Workshop

Testimonial

Direct Mail

E-Newsletter

Cookbook / Recipes

Checklist

Assessment / Quiz

Social Engagement

Facebook Post, Live, TV, Group

Instagram Post, Story, Live, TV,

Highlights

YouTube Live / Video / Community

LinkedIn Post / Video

Podcast Interview / Show

Twitch

Twitter

TikTok

SnapChat

Pinterest

Paid / Earned Media

TV Interview

Radio Interview

Newspaper Interview

Magazine Article

LinkedIn Ad

YouTube Ad

Print Ad

Native / Solo Email

Display Ad

Affiliate Offer

Directory Listing

Product / Sale

Video Sales Page

Long Form Sales Letter

Upsell / Downsell

Free / Paid Mini Course

Discount Coupon / Offer

Free Trial

Discovery Call

Printed Book

Masterclass

BOGO

Loyalty Program

















Step 1: Pre-Aware

"I don't know what the problem / opportunity is"

Step 1: Pre-Aware

When a prospect takes the **Pre-Aware** Step, they are <u>perceiving a need ...</u>

something's not right, not sure what. They have a goal, not sure why they're not hitting it. They feel unsettled.

*How is your prospect encountering the world around them before becoming aware of their core problem? They may have a symptom, but they're not aware of the cause. They may have a goal, but have no idea how to achieve it.

They are in this step if:

they don't have a clear understanding of
the cause of their problem or opportunity;
are unclear about options to solve their
problem or realize their opportunity



Stay in this step until they are clear about the nature of the problem or opportunity (problem aware).















Feelings during the **Pre-Aware** Step can include:

Feeling	Want them to feel
Pain	> Curious
Anxiety	, Aware
Curiosity	, Educated
Unsettled	, Heard / Felt / Understood
Excited	, Welcome
	>
Feeling	Want them to feel
	Want them to feel















Thoughts during the **Pre-Aware** Step can include:

Thinking	Want them to think
What's causing this?	, I found a great resource
Should I address this?	, I just discovered a gem
I wonder if?	, I like this author / expert
Can I?	, I could do this
Why?	, Oh, that's why
How?	> So this is how
	Want them to think
at are your prospects thinking right nove te any that may apply)	w, during the Fie-Aware Step:
te any that may apply)	















Activities during the **Pre-Aware** Step can include:

Doing Want them to do Google search > Discover my content YouTube search > Discover my community Amazon search Opt-in Ask / Share in conversations , Download resource Engaging their Reticular , Engage with my brand Activation System What activities are your ideal prospect engaging in during the Pre-Aware Step? (write any that may apply) **Doing** Want them to do Rank from Most Likely (1) to Least Likely (10)















Messages

Assets

Marketing Assets & Messages

Asset types appropriate for the **Pre-Aware** Step include:

> E-Book, Printed Book	> Trying to [find / research] -
> White Paper	you've come to the right place!
, Quiz / Assessment	Practical. Factual. Trust
, Blog Post	Worthy. Aspirational.
, YouTube Videos	NOT Salesy. "Here's how to"
, IG/FB Live	"Here's what" Here's why"
List the assets and messages you feel will most from Pre-Aware to Problem Aware .	likely move your prospect
	
	\
Rank from Most Likely (1) to Least Likely	y (10)





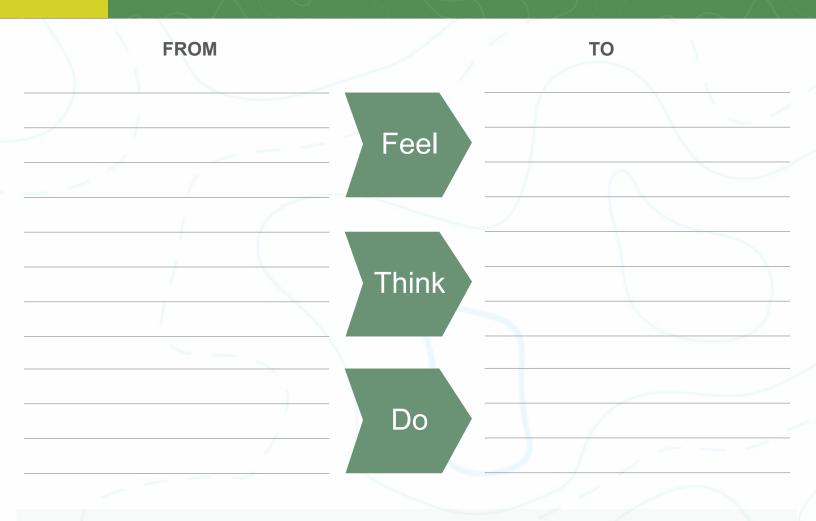












Primary Message

Assets

















Step 2: Problem Aware

"I know what the problem is, but I don't know how to solve it"



Step 2: Problem Aware

When a prospect takes the **Problem Aware** Step, they are clear what the opportunity is. Now, they are looking for what options exist to solve the problem or sieze the opportunity. Primary tools of discovery are search related, and include a) Internal search (Do I want this / need this), or 6) External Search (friends / family, search (google, etc), Marketer Generated Content Marketing.

They are in this step if: they are aware of the difference between their IDEAL situation, and their ACTUAL situation - searching for how to close the gap.



Stay in this step until they've decided HOW to accomplish their goal or solve their problem, and begin evaluating which provider to choose.















Problem Aware Feeling



Feelings during the **Problem Aware** Step can include:

	Want them to feel
> Confused	, Clear
> Overwhelmed	, Relieved
> <u>Fearful</u>	, <u>Confident</u>
>"I'm Different"	, This is for me
> Optimistic	, Knowledgeable
> Determined	, I want this















Problem Aware Thinking

Thoughts during the **Problem Aware** Step can include: **Thinking** Want them to think How do I fix it? > I understand how, why Where do I start? > This is "me" Who can I trust? , I found the choice for "Me" What does this mean? > This is "why" this is for "Me" Any other choices? , This is the best VALUE for me Which is BEST, Fastest, Cheapest , I know what options exist What are your prospects thinking right now, during the **Problem Aware** step? (write any that may apply) **Thinking** Want them to think





Rank from Most Likely (1) to Least Likely (10)









Want them to do

Problem Aware Doing

Doing



Activities during the **Problem Aware** Step can include:

Google search	> Engage (watch, read, join)
YouTube search	> Take assessment, quiz
Amazon search	, Identify "where they are"
Read books, articles, mags	, Get answers from you (trust)
Asking family / friends	, Commit to solving the problem
Discovering groups	, Speak with you (phone, webinar)
What activities are your ideal prospect eng Step? (write any that may apply)	aging in during the Problem Aware
	W (4)
Doing	Want them to do
Rank from Most Likely (1) to Least	Likely (10)















Marketing Assets & Messages

Asset types appropriate for the **Problem Aware** Step include:

Assets E-Book, Book, Mini-course White Paper Quiz / Assessment Blog post, Earned media YouTube videos / IG Live Groups

Messages

> There are several ways to solve your problem, here's the difference between each, and how to find the one right for you. [Brand] has earned the trust of people like you.

1 / /	















FROM	ТО	
	Feel	
	Think	\rightarrow
	Do	

Primary Message

Assets

















Step 3: Solution Aware

"I know different ways to solve the problem, but I don't know who"



Step 3: Solution Aware

When a prospect takes the **Solution Aware** Step, they are <u>aware of their problem</u> / opportunity. Now, they are evaluating solutions, eliminating choices (elimination is the key criteria for most). The amount of research is based on the complexity of the problem. Complex / important problem solving (high research); Limited problem solving (medium research); Routine problem solving (low research / evaluation).

They are in this step if:

they know the probem, potential solutions,
but have not yet selected the final brands
for consideration.



Stay in this step until they are evaluating vendors / providers or solve the problem on their own. Your goal: you have a unique solution that solves the problem.















Solution Aware Feeling



Feelings during the **Solution Aware** Step can include:

Feeling	
Hopeful, Encourged	, Decisive
Indecisive	, Relieved
Skeptical	, Excited, Optimistic
. Optimisti <i>c</i>	, Safe, Trusting
Fearful	, Known - this is for them
"I'm Different"	, Ready to take action
Feeling	Want them to feel















Solution Aware Thinking



Thoughts during the **Solution Aware** Step can include:

Thinking	Want them to think
> Which solution is better?	T trust this solution
> What's the relative risk?	, This is the best solution for me
, Which is the best?	, This is the safe choice, low risk
, Which can I afford?	, This is cutting edge
, Is there anything else?	, This is the best value
, _Who can help me decide	> I'm ready! Let's do this!
What are your prospects thinking right now, of (write any that may apply)	during the Solution Aware Step?
Thinking	Want them to think
	/ -/







Rank from Most Likely (1) to Least Likely (10)









Solution Aware



Activities during the **Solution Aware** Step can include:

Doing	Want them to do
Search Google, YouTube	> Pick your solution(s)
Read books	> Eliminate competitive options
Share with family	> Speak with your team
Ask friends	, Purchase sooner than later
Read reviews / Ratings	>
Call vendors, Ask questions	>
Step? (write any that may apply) Doing	Want them to do
Step: (write arry triat may appry)	
	Want them to do

















Marketing Assets & Messages

Asset types appropriate for the **Solution Aware** Step include:

ASSEIS	Messages
E-Book	, When considering Coption I, make sure the option you se
White Paper	[list of favorable features / benefits / differentiators]. 7
Quiz / Assessment	Coption I is the safe choice for Caudience type I when
Blog Post	
Reviews / Comparisons	Here's how to select the right [option] for you, if you're
	[avatar attributes] and looking for [value driver]
	el will most likely move your prospect
om Solution Aware to Brand Awa	re.

















Journey Worksheet

FROM		ТО
	Feel	
	Think	
	Do	
Р	rimary Message	
	Assets	





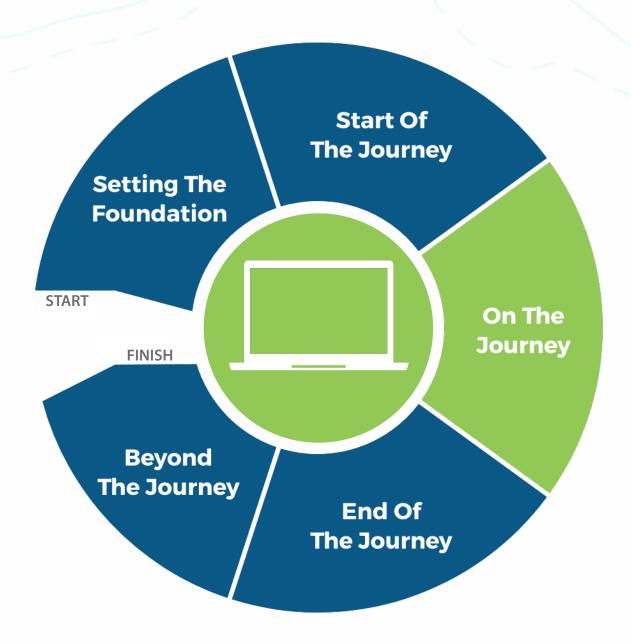












Step 4: Brand Aware

"I know who can provide the solution I want, I just need to pick someone"



Step 4: Brand Aware

When a prospect takes the **Brand Aware** Step, they are searching for the provider / vendor / business who can deliver their choosen solution with

the greatest value to them (based on their criteria).

They are in this step if:

they are clear on the solution they want,

and have not yet selected a vendor, or are

not committed to solving the problem yet.



Stay in this step until they are ready to purchase.















On the Journey

Feelings during the **Brand Aware** Step can include:

Feeling Want them to feel , Safe / little to no risk Encouraged, ready to buy Skeptical, Distrusting Connected to your brand , Trusting Optimistic , Excited about the future / outcome Smarter Overwhelmed , Clear / Focused / Eager Decisive What are your prospects feeling during the **Brand Aware** Step? (write any that may apply) **Feeling** Want them to feel Rank from Most Likely (1) to Least Likely (10)

















Thoughts during the **Brand Aware** Step can include:

Thinking

- , Who's the best? Why?
- , Who do most people use?
- , Why this brand over the other?
- , Where's the hidden Gen?
- , How do I get a Deal?
- , When's the best time to buy?

Thinking

Want them to think

- , This is the best choice for me
- , Your brand stands apart
- , They like you as a provider
- , This is the safest choice
- > They discovered a rare find
- > NOW is the best time to buy

Want them to think

What are your prospects thinking right now, during the **Brand Aware** step? (write any that may apply)

<u> </u>	

Rank from Most Likely (1) to Least Likely (10)

















Activities during the Brand Aware Step can include:

D	ai.	201

- > Search for ratings / reviews
- > Compare offers
- > Search YouTube for vendor
- > Reviews, videos of provider
- , Ask friends and family
- , Evaluate history, distance

Want them to do

- > Eliminate cmopetitors from consideration
- , Choose your brand
- , Purchase
- > _____
- **>** _____

What activities are your ideal prospect engaging in during the **Brand Aware** Step? (write any that may apply)

Doing	Want them to do
	_

















Marketing Assets & Messages

Asset types appropriate for the **Brand Aware** Step include:

Assets

- , Books, Articles, White Papers
- , Before purchase checklist
- , Case history, Testimonials
- , Featured articles / Press
- , Discount coupons / Bonuses
- , Bundled offer

Messages

> Hi, I'm [name] and I'd love
to help you achieve [the outcome] they want for [problem]. Here's my commitment
to you... (goal is to reverse risk,
create urgency, make purchase)



















Step 5: Buying

"I've made up my mind and I'm ready to purchase"

Step 5: Buying

When a prospect takes the **Buying** Step, they are <u>ready</u> to buy. They've got to the sales page and are prepared to purchase, as long as nothing unexpected shows up to raise conserns. They key objective is to reinforce / justify / acknowledge the decision and the positive outcome that awaits.

They are in this step if:

they know their preferred solution, are

confident with you as a potential vendor /

provider, and haven't yet completed the

initial transaction.



Stay in this step until the client's money has been deposited in your bank account, or a deferred payment plan / contract is signed.















Feelings during the **Buying** Step can include:

Feeling	Want them to feel
> Excited, Hopeful, Eager	, Certain it's the right choice
> _Hesitant	, Safe / Secure
> Ready, but skeptical	, Eager to Start
> Self-doubt	, Positive change in status
> _ Fear of bad decision	, Trusting
> _ Fear that they are the problem	>
What are your prospects feeling during the Bu (write any that may apply) Feeling	uying Step? Want them to feel
reening	want them to reer







Rank from Most Likely (1) to Least Likely (10)









Thoughts during the **Buying** Step can include:

Thinking

- , Am I really ready?
- , Is this real? Or a scam?
- > What if they don't deliver?
- , _ What will my spouse think?
- > Can I afford to do this? Do I
 - have the time / focus?

Want them to think

- , I trust them / this is real
- , I like this provider
- , Can't wait to get started!
- . This is the best choice for me
- , No brainer
- , No risk

What are your prospects thinking right now, during the **Buying** step? (write any that may apply)

Thinking

Want them to think



















Activities during the **Buying** Step can include:

Doing

- Carefully reading cart page
- Looking for incongruence
- , 2nd look at closest options
- , Look for warning signs
- , Asking if they will follow thru
- , Calculating economic impact

Want them to do

- , Read testimonials
- Read guarantee
- , Purchase / enter contract
- > Close off other options
- , Get started quickly
- > _____

(write any that may apply)

Doing Want them to do

What activities are your ideal prospect engaging in during the **Buying** Step?







Rank from Most Likely (1) to Least Likely (10)











Marketing Assets & Messages

Asset types appropriate for the **Buying** Step include:

Λ	0	0	_	to
А	S	S	e	IS

- Security seals / GuaranteeSSL Certificate
- , Familiar cart
- Testimonials
- > _ Live Chat
- , Phone #Location, Address

Messages

> You can confidently purchase from [co]. Every purchase comes with a [guarantee / risk reversal]. Ready to [outcome they seek]? Join over X satisfied clients, like [names]! Need help completing your purchase? Chat with a friendly member of our team now, or call us! [You're one step away from (outcome they want).

	e assets and messages you feel will most likely move your prospect suying to Post Purchase.
1	Rank from Most Likely (1) to Least Likely (10)

















Journey Worksheet

FROM TO Feel Think Do

Primary Message

Assets

















Step 6: Post Purchase

"I've made my purchase! Now what?"



Step 6: Post Purchase

When a prospect takes the **Post Purchase** Step, they are <u>now your customer</u>, under your care, and have higher expectations than when they first met you. They are also evaluating their decision, looking for signals of confirmation that they made a good choice and elevated their status. NOW is the time to delight and surprise, and set the tone for the experience to come (think... Apple Computer packaging, Ritz Carlton Checkins, Chick-Fil-A drive thru).

They are in this step if:

they just made any purchase from you, even

if they've purchased from you in the past.



Stay in this step until __they've completed the engagement AND received the expected results. Your goal is Advocacy!















Post Purchase Feeling



Feelings during the **Post Purchase** Step can include:

Feeling	
Buyer's remorse	, Delighted & Surprised
Enthusiasm	, Confirmed / Validated
Judgmental	, Positive change in status
Relieved	, Grateful
Cautiously optimistic	, Appreciated & Respected
	>
Feeling	Want them to feel















Thoughts during the **Post Purchase** Step can include:

	Thinking		Want them to think
> .	Hope this works / I can do it	>	Best. Decision. Ever.
> .	Hope this isn't a fraud	>	Better than I thought
> .	I can always ask for a refund	>	I can't wait to get started!
> .	I need to get this done	>	I'm so glad I did this
> .	Ok, I'll get to this later	>	I made a wise choice
> .		>	
W	hat are your prospects thinking right now	, during	the Post Purchase Step?

(write any that may apply)

Thinking	Want them to think
7	
Rank from Most Likely (1) to Least Likely	y (10)













Want them to think



Post Purchase Doing



Activities during the Post Purchase Step can include:

Doing

- , Purchase. Save credentials.
- , Mark guarantee date on cal.
- > Next item on checklist
- , Jump in fast and get started.
- , Binge. Open Product.
- Telling people they "did it"

Want them to do

- > Take a moment, anchor.
- , Get started as soon as possible
- > Achieve small, immediate win
- > Establish momentum
- , Engage in group
- , Provide early positive feedback

What activities are your ideal prospect engaging in during the **Post Purchase**Step? (write any that may apply) **Doing**Want them to do

1	Rank from Most Likely (1) to Least Lik	(A) (10)

















Marketing Assets & Messages

Asset types appropriate for the **Post Purchase** Step include:

Assets	Messages
> Welcome emails	you've just taken the first step towards Coutcome they
, Onboarding process / calls /	want]. Hey - I want to recognize and acknowledge you,
scripts	and let you know how much I'm looking forward to helpin
, Private FB Group	you [achieve this outcome]. Welcome to the [brand]
, Badges / Recognition	family / community. We're so glad you've joined us.
, Welcome gift	Here's what you can expect over the next [period of time]
Rank from Most Likely (1) to L	Least Likely (10)















FROM TO Feel Think Do **Primary Message**

Assets

















Step 7: Advocacy

"I can't wait to share my experience (good or bad)"



Step 7: Advocacy

When a prospect takes the **Advocacy** Step, they are <u>doing</u> what most clients do

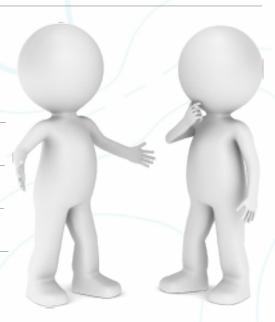
- sharing their experience (good or bad). The key - is making certain they

advocate FOR you, and not AGAINST you.

They are in this step if:

they have formed a strong opinion about

working with you, for or against.



Stay in this step until you do something to change their impression of the experience.















Advocacy Feeling



Feelings during the **Advocacy** Step can include:

Feeling	Want them to feel
Extreme satisfaction	, <u>Grateful</u>
Gratitude	, Loved, Respected, Appreciated
Extreme disappointment	, Connected, Belonging
Resentment, Failure	, Empowered
Successful, Accomplished	, They won
Taken advantage of	>
Feeling	Want them to feel

















Thoughts during the **Advocacy** Step can include:

Thinking	Want them to think
Based on the experience you	Best. Decision. Ever.
created	, Need to tell others
Wise	, I love this company
I made a mistake	, How can I help?
Nothing at all(also bad)	, I can make a difference
	> I owe them my gratitude
nat are your prospects thinking right now rite any that may apply)	, during the Advocacy step?
Thinking	Want them to think







Rank from Most Likely (1) to Least Likely (10)









Advocacy Doing



Activities during the Advocacy Step can include	
Doing	Want them to do
Engaging with you more	> Write positive reviews
Doing nothing	> <u>Give testimonials</u>
Telling people how great you are,	, Refer clients
and singing your praises	, Advocate / Engage
Writing bad reviews	, Become a Guide / Mentor
Disparaging you, complaining	, Help others who doubt
What activities are your ideal prospect engaging Step? (write any that may apply)	in during the Advocacy
Doing	Want them to do

Doing	Want them to do
Rank from Most Likely (1) to Least Lik	















Messages

Assets



Marketing Assets & Messages

Asset types appropriate for the **Advocacy** Step include:

, Customer Survey	> The greatest mesure of our
> Client Recognition	service to you is your referral.
, Testimonial Program	Our business wants more cus-
, Referral Program	tomers just like you - which is
, Special Appreciation events	why we've created our referral
, Loyalty Program	program.
List the assets and messages you fee Advocacy , repeat business and Refe	
Rank from Most Likely (1) to L	east Likely (10)

















Journey Worksheet

FROM		ТО
	Feel	
	Think	
	Do	
_		
	Primary Message	
/	1 /	

Assets















Post Course Questions

Insights and Action Steps



What insights did you glean that you want to be sure to remember?

Based on your experience in this workshop, list any additional action steps you need to take now or plan to take in the future.

